

LRC NEWSLETTER

GLIDING INTO FALL WITH LOUISVILLE ROWING CLUB

Welcome to the September edition of the Louisville Rowing Club newsletter! Even when the temperatures (and humidity!) might suggest otherwise, the end of the summer is around the corner. Which means some lovely fall rowing awaits us-keep an eye out for bald eagles, migration season is also here.

The boathouse has been getting ready for the closure of the building and the Derby City Head Race. With both events about a month away, it is truly a busy season for LRC. As we continue to row, greet new and returning crew mates, lend a helping hand when you can, and have fun out there.



MARK YOUR CALENDARS

- Sunday September 20th - Boathouse Potluck
- Saturday, October 10 - The Derby City Head Race
- Tuesday, October 13- Board Meeting
- Monday, October 19 - Boathouse Closing



In this newsletter, you will learn about upcoming events, recaps from fall season kickoff, and all the exciting happenings around the boathouse. Be sure to check out our calendar for everything coming down the line as we gear up for another great season of camaraderie and competition!

Ready all, Row!

UPCOMING EVENTS



RSVP FOR THE END-OF-SUMMER POTLUCK

Don't forget about our end-of- summer potluck party! This Sunday, **September 20th** at the Community Boathouse from 5-7 pm.

We will also be recognizing our Summer LTR grads, so make sure to stop by to say 'hello'. And don't forget your lawn chairs!

Attendees with the last name A-M to bring entrees and side dishes, and N-Z is instructed to provide desserts and snackie hors d'oeuvre options. Please RSVP with Joan by September 17th via email or text, mizveel1031@aol.com or 502-475-9384.

Take note that the event will be BYOB, and Juniors parents please be advised that alcoholic products will be present, but not served.

THE GREAT MIGRATION: AROUND THE BEND

It's about that time. Soon after the Derby City Head Race, The Community Boathouse Closure will be taking place. A reminder on the details:

Construction for this project will officially begin **Monday, October 19th**. Starting that day, there will be **NO ACCESS** to the boathouse **until the following season**. Much of the equipment will be moved from the building to our secure storage area in the parking lot.

A final meeting will be held with The Waterfront Committee later this week. Once those final details are confirmed, the real work begins. Look out for upcoming volunteer opportunities to clean, move, and store (and shoutout to our friends who have already helped tidy and volunteered some of their home storage space)! Contact Riley Kerber or Denis Roux if you have any questions or resources for helping!



UPCOMING EVENTS

REGATTA TIME

It's SHOWTIME, PEOPLE! In less than a month, Louisville Rowing Club will be hosting the DERBY CITY HEAD RACE! Teams from all around the Ohio River Valley will be flocking towards our beautiful waterfront for a fantastic day of racing. Fingers crossed that the water is clear and the air is crisp. 🍂

Our Juniors are ready for action with several boats registered for the regatta! Including:

- Men's Youth Novice 4+
- Women's Youth Novice 4+
- Men's Youth 8+
- Women's Youth 8+

And we can't forget about our Masters, who have also put together some solid crews!

- Mixed 2x
- Men's 8+
- Women's 8+
- Mixed 8+

Some of our competitors are racing for the first time, so hype them up over the next few weeks as you see them practicing. To all our competitive rowers, good luck and have fun!



Outside of competing, there is still time and a way to get involved with the DCHR. Sponsorships and donations are still being graciously accepted via our GiveButter. Visit louisvillerowingclub.org, click over to The Regatta page, and hit that red button!

*Side note: Under that same button, spectators can purchase VIP tickets for the **Regatta Lounge - VIP Tent**. Watch the regatta in style! :)

WE STILL NEED VOLUNTEERS! Don't be shy. You can grab a buddy and sign up together! Slots are available all day Friday, October 9th as well as Saturday, October 10th. Some of our **MAJOR NEEDS** include:

- Parking & Traffic (both days)
- Saturday Launch Drivers (Saturday, 5-7 am)
- Event Set-Up (Saturday, 5-7 am)
- VIP Tent Hospitality (Saturday)
- Takedown (Saturday)
- Floaters. Will accomate to racing schedule, both as a participant and a spectator

Visit our SignUpGenius and find the opportunity that works best for you. Brittany Harper is available if you have any questions or trouble signing up. volunteersdchr@gmail.com

Please come to support and represent the LRC on Race Day. DCHR is such a unique opportunity for our club and our city, and we hope this is just the beginning of a tradition that will continue growing in the years to come!

MASTERS RECAP

LRC MASTERS REGATTA TEAM

LRC Masters have put together several boats for the inaugural Derby City Head Race. Including a mix of recent LTR grads, intermediate, and experienced rowers.

We are thrilled to see our our mates testing out the Ohio through every practice, and... on race day!

A big thank you to the LRC Masters Regatta Comittee for assembling this puzzle. Amy Coultas, Carla Cates, Michael Jones, Shannon Kelting, Denis Roux, and Pam Wardrip. You all are oar-some!



ICREW ROWS: WE SAVED YOU A SEAT!

Remeber to sigup for the scheduled rows on iCrew. Several night rows are still on the books in addition to early saturday rows.

If you are on a time crunch, also consider some of the early morning erg sessions. Working on more efficient rowing with some crew mates is always a good idea!



GIVE FOR GOOD LOUISVILLE

Thaank you to everyone who donated to the Louisville Rowing Club through Give for Good Louisville.

LRC rasised \$7,795 by 57 donors during the latest edition of Give for Good!

JUNIORS RECAP

JUNIORS FALL SEASON

Juniors have had a great start to the season!

The rowers are working well as a team, set in their practice routines, and looking forward to racing together in a couple of short weeks.



JUNIORS COMPETITION SCHEDULE

Juniors are heading to the following upcoming regattas:

- Varsity athletes will attend Head of the Cuyahoga in Cleveland, OH on September 26th
- Varsity and Novice athletes will attend Derby City Head Race in Louisville, KY on October 10
- Varsity and Novice athletes will attend Blake Haxton and Speakmon Memorial Regattas in Columbus, OH on October 24 and 25
- Varsity and Novice athletes will attend Head of the Hooch in Chattanooga, TN on November 7 and 8

ANNOUNCEMENTS

WATCH THE REGATTA FROM THE VIP TENT!

This is the perfect spot for friends and family of LRC rowers to watch the Derby City Head Race.

There will be food, shade, and BATHROOMS! Rowers will be stopping by the tent to say hello and explain the ins and out of a regatta to guests. Your ticket will also help LRC raise money to purchase newer, lighter, racing boats for the kids. \$80 per person for all-day entry.

Reserve
your
Spot!



NOTE - current LRC families will be provided the opportunity to purchase two tickets at a discount using a separate invoice



DERBY CITY HEAD RACE: BUILDING A TRADITION

Derby City Head Race is right around the corner! We are looking forward to having a great event that sets the ground work for the future.

Be sure to reach out to any rowing friends you have nearby who may wish to race! Andy Cooke (our Chief Referee) is extremely positive about our venue, our river, and how we are setting up this race.

This race isn't just about this year, it is laying the foundation for years of an amazing regatta to come in the future. If you haven't signed up to volunteer yet, do so here!
<https://www.louisvillerowingclub.org/regatta.html>

ANNOUNCEMENTS



ROWING: A SCENE STEALER

Rowing at the forefront of media (or even with a cameo appearance) reminds us that boat stories continue to stay afloat beyond race day - and it might even encourage someone to give rowing a go!

A Book: *Capsized* by *Charlotte Lillie Balogh*

- A mystery and coming-of-age drama set against the backdrop of an elite all-girls rowing club as they navigate first loves, first heartbreaks, and the bonds that form when winning isn't the only thing on the line.
- The author rowed for Syracuse University, and is now an assistant coach for a girl's rowing team in LA!

A Series: *Crew Girl* on *Netflix*

- Filmed in British Columbia, local rowing clubs and colleges served as locations and even provided some extras.
- The entire cast underwent bootcamp to portray competitive rowers.

Can you spot more rowing in media? Let us know!

FROM COACH RILEY'S BOARD

The next few weeks for the club (through boathouse move out) are going to be some crazy weeks.

Please be sure you are leading with kindness, giving grace to those who are working behind the scenes, and getting out to ROW!

We are all here to row and getting on the water is the best thing we can do to continue to love our club.



MAKING WAVES

LRC wouldn't be the same without their members, a big thank you to this bunch this month (and always)!

- Shannon Kelting, for taking on the boathouse laundry- cleaning rags always on deck!
- Tori crushed the initial storage/move out organization, it was practically magic
- Denis has been planning the move like it is the MLB season schedule - a feat!
- Jeff for the routine boathouse bathroom cleanup - it is a breath of fresh air
- Lew for continuing to help new and returning rowers to keep clean catches on Monday's Sculls and Suds

Thank you LRC!

SAVE THE DATES

CALENDAR

August 15-November 9 - Fall Practices for Varsity and Novice

August 31-November 4 - Foundation Practices

September 20 - End-of-Summer Potluck

September 26 - Head of the Cuyahoga, Cleveland, OH
(Varsity Only)

October 10 - Derby City Head Race, Louisville, KY

October 13 - Board Meeting (7 PM Open to All)

October 19 - Boathouse Closing

October 24 - Blake Haxton Fall Regatta, Columbus, OH

October 31 - Music City Head Race, Nashville, TN (Masters Only)

November 7 and 8 - Head of the Hooch, Chattanooga, TN

